

### **Curriculum Vitae**

### **Education**

- Part-time student in Master of Public Health (MPH) at the Oregon Health Sciences University and Portland State University Joint School of Public Health (2020-present)
- Doctor of Chiropractic (DC) from the University of Western States, College of Chiropractic in Portland, Oregon, 2007, summa cum laude, class valedictorian
- Bachelor of Science (BS) in Molecular, Cellular, and Developmental Biology from the University of California at Santa Cruz, 2002, magna cum laude, highest honors in the major

### **State Licenses**

- Oregon Board of Chiropractic Examiners (2007 to present) License # 3727
- Washington State Department of Health (2010 to present) License # CH 60093960
- Arizona Board of Chiropractic Examiners (2011 to 2012) License # 8163

### **Private Practice**

I opened my general practice in Tigard, Oregon in January 2008. As my practice grew, I founded AllPoints Integrative Health, LLC in Portland, Oregon in June, 2012 and setup the 2000sqft clinic when my first child was four months old. I moved to a new location in Beaverton, Oregon after the birth of my second child in 2018. The tag line for AllPoints Integrative Health, LLC is *Combining East and West* to inspire partnership across all health providers involved in a patient's care.

I treat a range of musculoskeletal injuries and conditions of the spine, extremities, and jaw; and I often incorporate nutrition, exercise, and life style advice. I focus primarily on manual adjustments in conjunction with soft tissue techniques such as trigger point therapy and pin and stretch. I also incorporate drop table, SOT blocks, Activator tool adjustments, and physical therapy modalities. My patients are made up of children, pregnant women, and adults of all ages. I am currently practicing part-time.



# **Employment**

### The CHP Group (CHP) in Beaverton, Oregon

CHP is a preferred provider organization and third-party administrator that maintains a network of chiropractic physicians, naturopathic physicians, acupuncturists, and massage therapists.

- Regional Medical Director (2020 present)
  - Support the Chief Clinical Officer with budget planning
  - Clinical Quality Management (QM) Programs:
    - Develop and implement strategies designed to improve the quality and efficiency of services provided by contracted providers.
    - Advocate for the delivery of quality and cost-effective care to covered populations.
    - Assist with development and management of clinical pathways, advisories,
      Clinical Quality Improvement Initiatives (CQII), Chronic Condition Programs, and other components of the Company's QM programs.
  - Provider Relations:
    - Assist the investigation and resolution of member and provider complaints concerning clinical, administrative, quality of care, and utilization issues.
    - Assist in network recruitment and development activities to create an effective distribution of providers.
  - Credentialing:
    - Serve as Chair of Credentialing Committee
    - Participate in the development of standards for provider credentialing to assure compliance with external regulations and health plan delegation.
    - Adverse event handling and decision
  - Utilization Management (UM) Programs:
    - Participate with internal and external staff, medical directors, and clinician advisors in UM policy and program maintenance, development, and implementation.

## University of Western States, College of Chiropractic in Portland, Oregon

- Attending Physician Relief at the senior clinics, supervising and facilitating interns' evaluation and management of patients from the public (2007-2011)
- Assistant Clinician at the senior clinics, supervising and facilitating interns' evaluation and management of patients from the public (2007)



- Lab Instructor at the junior clinic, evaluating interns' history and physical examination skills (2007-2008)
- Chiropractic Technique Lab Teaching Assistant, teaching and evaluating students' physical evaluation and treatment skills (2007-2009)

## **Regulatory and Public Protection Experience**

Oregon Board of Chiropractic Examiners (OBCE)

- Member of the workgroup and committee to update the Guide to Policy and Practice Questions (2021-present)
- Board Member (terms June 2013 May 2016 & June 2016 May 2019)
  - Secretary (2015-2018)
  - Continuing Education Czar (2014-2019)
  - Board Liaison to the Examinations, Tests, Substances, Devices & Procedures (ETSDP)
    Committee (2014-2015)
- Member of the Administrative Rules Advisory Committee (2010-2013)
- Member of the workgroup to revise the Ethics and Jurisprudence Exam at the request of the OBCE (2009 and 2019)

# **Public Health Experience**

**Oregon Health Authority** 

- Member of the Evidence-based Guideline Subcommittee (EbGS) of the Health Evidence Review Commission (HERC)
  - Review research evidence, expert testimony, and public comment to make recommendations for non-pharmaceutical, medical interventions to the HERC for coverage by the Oregon Health Plan (Medicaid)

# **Consulting Experience**

I have performed independent medical evaluations, record reviews, and medico-legal consultations including trial testimony involving personal injury and malpractice cases from 2008 to 2022. I have performed panel evaluations with a varied of specialists such as naturopathic physicians, acupuncturists, neurologists, neurosurgeons, anesthesiologists, orthopedic surgeons, internists, family physicians, and neuropsychologists.



In my final term as a senior intern at the University of Western States, I was chosen to represent the chiropractic profession as a member on the Complementary and Alternative Medicine panel at the Center for Women's Health at Oregon Health Sciences University (Oregon's medical school) for patient consultations from January to March 2007.

## **Societal Memberships and Roles**

## Federation of Chiropractic Licensing Boards (FCLB)

The FCLB is an association of chiropractic regulatory boards of the states, provinces, commonwealths, or territories of the United States of America, Canada, Australia, and other countries.

- District I Director (term 2021-2023)
- Chair of the Policies and Procedures Committee (July 2021 present)
- Alternate District I Director (term 2017-2020, extended to 2021 due to COVID-19)
- Member
  - o COVID-19 Committee (2020)
  - Policy and Procedures Committee (2020-present)
- Honorary Fellow (2019 to present)
- Fellow (2013-2019)

## American Chiropractic Association (ACA)

Member (2019 to present)

### <u>American Public Health Association (APHA)</u>

- Member (2019 to present)
  - Chiropractic Health Care
  - Integrative, Complimentary, and Traditional Health Practices
  - Health Administration

## Oregon Public Health Association (OPHA)

• Member (2020 to present)